

Healthy Values for Healthy Bodies
Elementary *Our Whole Lives*

First Unitarian Society of Westchester
25 Old Jackson Avenue, Hastings, 10706

*December 2, 11:45am-1:00pm: Parent Orientation

10:30-11:30am Worship Service	Classes Meet 10:30am	K – 2 nd Grade Class	3 rd – 5 th Grade Class
Program Group Led (Shunick)	December 9, 10:30-11:40am	Workshop 1: Our Wonderful Bodies, Part 1	Workshop 1: Values
Rev. Michael: Moving into Winter	December 16, 10:30-11:40am	Workshop 2: Our Wonderful Bodies, Part 2	Workshop 2: Images in Popular Culture
Rev. Peggy: Living Simply	January 6, 10:30-11:40am	Workshop 3: Healthy Bodies, Safe Bodies	Workshop 3: Body Image
Rev. Peggy: A Cold and Broken Hallelujah	January 13, 10:30-11:40am	Workshop 4: Families	Workshop 4: Changes of Puberty
Program Group Led (Kates & Lynch)	January 20, 10:30-11:40am	Workshop 5: Families and Feelings	Workshop 5: Gender
Program Group Led (Castoldi & Ulrich)	January 27, 10:30-11:40am	Workshop 6: Babies and Families	Workshop 6: Feelings and Attraction, Sexual Orientation
Rev. Peggy: Deepest Desire	February 10, 10:30-11:40am	Workshop 7: Birth of a Baby	Workshop 7: Reproduction and Staying Healthy
Rev. Peggy: Finding the Ways of Love	March 3, 10:30-11:40am	Workshop 8: Celebrations	Workshop 8: Decisions and Actions
Program Group Led (Shunick)	March 10, 10:30-11:40am	Children's Activity	Workshop 9: Consent and Peer Pressure
Rev. Michael: What is Sin?	March 24, 10:30-11:40am	Children's Activity	Workshop 10: Healthy Relationships and Celebration

Unitarian Universalist Fellowship of Northern Westchester
236 S. Bedford Road, Mt. Kisco, 10549

*Parent group meets during children's classes

*October 21, 1:00-2:15pm: Parent Orientation

10:30-11:30am Worship Service	Classes Meet 12:00pm or 1:00pm	K – 2 nd Grade Class	3 rd – 5 th Grade Class
Rev. Peggy: The America Experiment	October 21, 1:00-2:15pm	Workshop 1: Our Wonderful Bodies, Part 1	Workshop 1: Values
Rev. Michael: The Road Beyond Helplessness	November 11, 1:00-2:15pm	Workshop 2: Our Wonderful Bodies, Part 2	Workshop 5: Gender
Pancake Breakfast & Tree Trim	December 9, 12:00-1:15pm	afternoon childcare available upon request	Workshop 2: Images in Popular Culture
Jack Kozuchowski, Lay Led: Toaism, Nature, and God	January 13, 1:00-2:15pm	Workshop 3: Healthy Bodies, Safe Bodies	Workshop 3: Body Image
Michael Jacobi, Lay Led: Love Service	February 10, 1:00-2:15pm	Workshop 4: Families	Workshop 4: Changes of Puberty
24 th : Rev. ReBecca	February 24, 12:00-1:15pm	afternoon childcare available upon request	Workshop 6: Feelings and Attraction, Sexual Orientation
Rev. Michael	March 10, 1:00-2:15pm	Workshop 5: Families and Feelings	Workshop 7: Reproduction and Staying Healthy
Rev. ReBecca	April 14, 12:00-1:15pm	afternoon childcare available upon request	Workshop 8: Decisions and Actions
7 th & 8 th Grade Youth Led: Coming of Age Sunday	May 5, 12:00-1:15pm	afternoon childcare available upon request	Workshop 9: Consent and Peer Pressure
High School Youth Led: UU Values and Solidarity with Indigenous Peoples	May 19, 12:00-1:15pm	afternoon childcare will be provided - annual congregational meeting	Workshop 10: Healthy Relationships and Celebration